

Howe of Fife 17, West 0

The last time West visited Duffus Park saw a comprehensive win for the home team Howe of Fife. This visit was an improvement but another loss nevertheless. West were again a little short of players and a number of young players had to step up to the mark – also one 39 year old veteran Calum Morrison, who coaches the 2nd XV.



Early exchanges were even and error strewn but it was Howe that got their act together first and slick passing by their backs saw them score in the corner. The conversion was missed. West had parity in the set pieces but their passing in the back division was poor, possibly caused by the quick defence of the home team. West had a couple of chances in the first half but the main and cover defence of Howe made it difficult to find the gap. A speculative penalty kick against the wind by the West stand off was the only chance to put points on the board but it was just wide. It was the home side that scored again after a rumble up the middle saw their powerful No.8 break through to score beside the posts. The conversion brought the score to 12 – 0.

Playing with the wind in the second half West managed to retain more of the ball but were again let down by missed passes. They crossed the Howe line once after a good take and drive from a line out but it was adjudged held up by the referee. It was Howe who added to their score when a break down the wing gave them an overlap which they used to good effect, scoring out wide. The conversion was missed. Stout defence was the order of the day for the visitors as the home side threw everything at West to try and get the 4th and bonus point try but the final whistle blew and Howe had to be satisfied with the win.



Not a good day at the office with West never really getting their act together but it is fair to say that the defensive organisation by the home team was excellent and they deserved their win. Next Saturday West has a home game against Murrayfield Wanderers. Kick off 3pm.

West team: 1. Dan York, 2 Dylan Dawson, 3.Andrew Love, 4.Scott Cochrane , 5. Calum Morrison, 6. Max Bowie, 7. Tom Smith, 8. Craig McCall, 9. Jamie Carruth, 10. Rory Cuthbertson, 11. Andrew Little, 12. Nicky Sutcliffe, 13. Blair Smith, 14. Martin Wallace, 15. Sean cardin.

Subs 16. Peter Rhodes, 17. Sean Hendry, 18. Rowan McLaren