

Howe Harlequins 29; West Ladies 39

West Ladies journeyed to Cupar knowing they would be in for a difficult afternoon against a Howe Harlequins side that sits in fourth place in the National League Division 1. Injuries and COVID issues meant an unusual look to the West team and it took them a time to settle, conceding two early tries.

Skipper Eilidh Power brought West back into it before further scores from No 8 Alex Watson and hooker Rachel Morrison, with her first try of the season, gave the Milngavie side the lead at the interval.

Into the second half and West increased their lead and secured their try bonus point, through right wing Rachael Murray. Left wing for the day, Bex Francis, was next on the score sheet before "Player of the Match", Fi Gassner got a much deserved try. Watson got her second score and West seventh. The last two tries were converted by Alexa Smith.

They will be disappointed at conceding two late tries to Howe but will be more than satisfied with returning to Milngavie with the maximum five points. West Ladies do not have a game next Sunday but on 30 January, top of the table Garioch visit Burnbrae with a fine match in prospect.